Page: A3

Nominations are open for the 2019 Lafayette Citizen of the Year

Do you have a person in mind for this year's nomination? Criteria are as follows:

- Must be a current Lafayette resident;
- Must be someone who has given of their time, money or energy to help make Lafayette a healthy community, where people will want to live, work and shop;

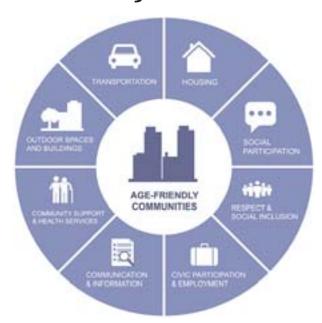
www.lamorindaweekly.com

- · Must be someone who models excellence in everything they do;
- Must be someone who brings this community together and/or makes us proud to be a member of the community.

A celebration dinner will be held on Friday, March 22 at the Lafayette Park Hotel & Spa to honor the winner! The deadline for submitting nominations is 1 p.m. Friday, Feb. 8.

Nominations can be sent to nominations@lamorindaweekly.com or jay@lafayettechamber.org.

Lafayette takes steps to become an Age-Friendly **Community**



By Pippa Fisher

Lafayette is taking proactive steps toward supporting its older residents as it kicks off the AARP/World Health Organization "age-friendly community" initiative with a meeting hosted by the Senior **Services Commission** Wednesday, Feb. 20 from 10 a.m. to noon in the Don Tatzin Community Hall at the Lafayette Library and Learning Center. All are welcome.

The initiative is a response to Lafayette's sizable population of older residents a segment that is rapidly growing.

Senior Services Coordinator Maureen Neumann explains that as the U.S. population ages and people stay healthy and active longer, communities must adapt. "Well-designed, livable communities promote health and sustain economic growth, and they make for happier, healthier residents of all ages," she says.

The AARP Network of Age-Friendly Communities is an affiliate of the World Health Organization's Age-Friendly Cities and Communities Program, an international effort launched in 2006 to help cities prepare for rapid population aging and the parallel trend of urbanization. The program has participating communities in more than 20 nations, as well as 10 affiliates representing more than 1,000 communities. Members of the AARP Network of Age-Friendly Communities become part of a global network of communities that are committed to

giving older residents the opportunity to live rewarding, productive and safe lives.

"It's important because our city has a sizable population of residents aged 50 and older. This segment is growing rapidly. Many want to age in place – remain in their homes as they get older," says Neumann. "They need the support of their city to meet their needs."

AARP estimates the process will take five years. The program looks at the Eight Domains of Livability, which form the backbone of the initiative. These are outdoor spaces and buildings, transportation, housing, social participation, respect and social inclusion, civic participation and employment, communication and information, and nealth services.

Each of these domains will be addressed at the meeting. Focus groups will be formed at a later date. Speakers will include Mayor Cam Burks, Interim City Manager Niroop Srivatsa as well as members of the Senior Services Commission.

Neumann says that attendees will be asked to contribute by sharing answers to initial questions about what residents love about Lafayette, what they consider to be current age-friendly needs, and what age-friendly needs they foresee for the future.

Refreshments will be served and there will be door prizes. Any residents interested in attending should reserve their spot by registering on the website listed below or by calling (925) 284-5050.

Info: https://apm.activecommunities.com/lafayetterec/Activity_ Search/age-friendly-community-kickoff-event/3354

Housing trends exposed at Home Expo

By Lou Fancher

Every current or prospective homeowner has heard or at one time experienced a residential remodeling or home improvement nightmare story. The narratives range from shady contractors to unreliable or uncommunicative construction or design firms to inflated estimates with hidden costs that spring out of nowhere like phantoms—or to the horror of simply existing in the fragile space-time warp of a

project-that-will-not-end.

Which is why Lamorinda Home Expo '19, held this year on Jan. 27 at the Lafayette Veterans Memorial Building, was a welcome event. Presented annually by The HomeMag East Bay, over 30 exhibitors limited to between three and five per category, offered a wide but reasonable array of services.

Joe Gordon, from Orinda, heard about the show on the radio.

... continued on Page A9



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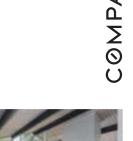
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